

# Overy Staithe Sailing club - NWNSA Meeting

## Friday August 14th 2026.

### Sailing Instructions

1. There is a sequence of races as per the NWNSA general instructions. The start time for the first race is 07.30 followed by other classes at 3 minute intervals. Briefing outside the Boathouse at 06.45.

Allow 15 minutes to sail to the race area.

2. If weather conditions are suitable courses will be set at sea. Courses at **Sea** will be an Olympic triangle/sausage course with all marks (large yellow conical) **left to port**. The number of rounds will be displayed on the committee boat.

If it's too rough to sail at sea **courses will be set inside** the harbour (marks A,B,C,D,E, F, G, yellow bladder buoys with letters plus inflatable marks (I<sub>1</sub>, I<sub>2</sub>, I<sub>3</sub> = large yellow conical). See map on club notice board. The course will be displayed on the committee boat.

3. Sign on in the boathouse before going afloat. Sign off when you come ashore.
4. **Starting:** will be between the committee boat and a Dan buoy with an orange flag. N12s prep signal – **code flag T**. 2<sup>nd</sup> race prep signal **code flag Numeral 1**

The start sequence as per General NWNSA Sailing Instructions.

5. **Finishing:** The finishing line will be between a mark of the course and the committee boat (or other boat) flying a blue flag.

6. **Time limits.** No boat will be allowed to start more than 2 minutes after their start. Race time limit 2 hours.

7. **Scoring:** As per NWNSA General Instructions.

# **Overy Staithe Sailing club – NWNSA Meeting**

**Thursday August 14th 2026**

## **Notice of Race**

There is no clubhouse at Overy Staithe but the Sailing club have kindly been loaned part of the Boathouse for the day and Dowley's field.

**Parking:** Boats, trailers and competitors' cars may be parked on Dowley's field adjacent to the Boathouse dinghy park on the front at Overy Staithe. This is where you should go when you first arrive in Overy.

Do not leave your car on the Hard as this will flood at High Water while you are out sailing. High Water is at 08.18 and racing starts at 07.30 It takes approximately 15 minutes to sail to the race area.

**Changing** – there are no changing facilities or showers and one loo at the rear of the Boathouse.

### **Information**

The club noticeboard is on the grass bank near the Boathouse. There will be a briefing at 06.45 outside the Boathouse.