

Brancaster Staithe Sailing Club

NWNSA racing 13th August 2026

SAILING INSTRUCTIONS (SIs)

The notation '[NP]' in a rule of the sailing instructions (SIs) means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

1 RULES

- 1.1 The event is governed by the rules as defined in *The Racing Rules of Sailing*.

2 CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any change to the sailing instructions will be posted before 1.5 hrs before the start of the first race on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

3 COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the official notice board located in the entrance to the clubhouse.
- 3.2 The race office is located upstairs in the BSSC clubhouse, telephone 0148521024, email the_clubhouse@bssc.net.
- 3.3 From the first warning signal until the end of the last race of the day, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

4 CODE OF CONDUCT

- 4.1 Competitors and support persons shall comply with reasonable requests from race officials.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed on the flag pole in front of the BSSC clubhouse

- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in Race Signals AP.
- 5.3 Flag D with one sound means 'Boats are requested not to leave the shore until this signal is removed. The warning signal will not be made before the scheduled time or less than 30 minutes after flag D is removed.'

6 SCHEDULE OF RACES

6.1

| Date | All fleets |
|----------------------|----------------------------------|
| Thurs 13th August | Briefing (0600) Racing (0730) |

6.2

| Class | Number | Races per day Scheduled | Races per day Maximum |
|-------------------------------|--------|----------------------------|--------------------------|
| National 12 | S1 | 1 | 1 |
| Allcomers | S2 | 1 | 1 |
| Possible dominant fleet | S3 | 1 | 1 |




6.3 The scheduled time of the start signal for the first race each day is

| Date | First Start | Tidal Information |
|------------|-------------|----------------------|
| Thurs 13th | 0730 | HW 0730, 8.8m |

- 6.4 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least one minute before a warning signal is made.
- 6.5 No warning signal will be made after 08.15am.

7 CLASS FLAGS

7.1 The class flags are:

| Class | Fleet Number | Class Flag |
|--------------------------------|--------------|---|
| National 12 | S1 |  Pennant 1 |
| Allcomers | S2 |  Pennant 2 |
| Possible 3 rd fleet | S3 |  Pennant 3 |

8 RACING AREA

8.1 SI Addendum A shows the location of the racing area(s).

9 COURSES

9.1 It is intended that courses will be set in the harbour and in this case courses will consist of a mixture of fixed yellow club marks and yellow or orange 'pencil' buoys. These marks may include, but not be limited to, S-Sea, T-Tern, C-Cockle, W-West, E-East, L-Line, O-Oyster, N-Nod and X-'x' and '-' - 'minus'.

9.2 However if the weather or sea state is deemed to be suitable for sailing 'at sea' the race officer can elect to set a course within area of Brancaster Bay (off Brancaster Golf Club) and will consist of laid inflatable yellow marks including, but not limited to, G – Golf, B- Beach and I- Island. Where needed yellow 'pencil' buoys may be used for spacer and/or additional course markers (X-'x') and (- 'minus'). The course for each race will be displayed on the side of the committee boat and every effort will be made to identify the general race area at 'club entrance chalk board' each day.

The committee boat may also display a board marked 'Gate', indicating that competitors must pass through the start line for each lap of the race.

9.3 The race officer will set a course, which may be 'triangle-sausage' or 'windward-leeward', or a variation of, as conditions allow.

10 MARKS

10.1 When courses are 'at sea' marks will be a mixture of yellow and orange 'pencil' buoys. For courses 'in the harbour' marks will be a mixture of fixed club yellow turning marks and inflatable yellow or orange 'pencil' marks.

11 OBSTRUCTIONS

11.1 The 'Stone Bank' marker buoy must always be passed to the north/sea side and will not be listed in the course. Any competitor passing to incorrect side of this marker will be judged to have sailed the incorrect course and scored CNS (course not sailed) without a hearing.

12 THE START

12.1 Competitors are requested to sail past the leeward side of the committee boat when they first arrive in the racing area each day to allow their sail

number to be recorded prior to starting. It is the responsibility of the competitor to indicate to the race officer of their intention to race each day. Also, see section 19.2 on Tallying

- 12.2 The starting line is between a mast on the committee boat at one end and the course side of the designated starting mark at the other end. In addition the race officer may choose to set an inner distance mark.
- 12.3 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 12.4 If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the race committee will attempt to hail her sail number. Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a redress for request. This changes RRS 62.1(a).
- 12.5 A boat that does not start within 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.
- 12.6 In each start sequence the start order will be as defined in the section 6.2 unless this has been amended due to the boats entered and an amendment has been posted. If there is a 'general recall' the recalled fleet will start last in the sequence.
- 12.7 The subsequent races each day will follow on as soon as possible from the finish of the previous race.
- 12.8 The starting sequence will be 5, 4, 1, Go. This means the class flag is displayed at 5 minutes before the starting signal. The preparatory flag is displayed 4 minutes before the starting signal and removed 1 minute before the starting signal.

The second fleet start is planned to be 5 minutes after the start of the first fleet. The third start is planned to be 5 minutes after the start of the second fleet.

13 CHANGE OF THE NEXT LEG OF THE COURSE

- 13.1 For courses at sea: To change the next leg of the course, the race committee will move the original mark or the finishing line to a new position.

14 THE FINISH

- 14.1 The finishing line is between a mast displaying a blue flag on committee boat and the course side of the finishing mark.

15 PENALTY SYSTEM

15.1 N/A

16 TIME LIMITS [AND TARGET TIMES]

16.1 The Mark 1 Time Limit, Race Time Limit (see RRS 35), and the Finishing Window are shown in the table below.

| Mark 1 Time Limit | Race Time Limit | Finishing Window |
|-------------------|-----------------|------------------|
| <i>20 mins</i> | <i>60 mins</i> | <i>20 mins</i> |

16.2 If no boat has passed the first mark within the Mark 1 Time Limit, the race will be abandoned.

16.3 The Finishing Window is the time for boats to finish after the first boat sails the course and finishes. Boats failing to finish within the Finishing Window, and not subsequently retiring, penalized or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place two more than the points scored by the last boat that finished within the Finishing Window. This changes RRS 35, A5.1, A5.2 and A10.

16.4 Failure to meet the Target Time will not be grounds for redress. This changes RRS 62.1(a).

17 HEARING REQUESTS

17.1 The protest time limit is 60 minutes after the last boat finishes the last race of the day or the race committee signals no more racing today, whichever is later. The time will be posted on the official notice board.

17.2 Hearing request forms are available from the race office in the BSSC club house

17.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located at BSSC club house beginning at the time posted.

17.4 A list of boats that have been penalized for breaking RRS 42 under Appendix P will be posted.

18 SCORING

18.1 Race results will be processed by NWNSA and integrated into the NWNSA overall event results

19 SAFETY REGULATIONS

19.1 Approved buoyancy aids must be worn at all times when racing/on the water. Parents are responsible for ensuring that their children are correctly equipped.

19.2 Tally Board Information - Important addition to sailing instructions

19.2.1 Each boat will be allocated a tally number at registration.

19.2.2 Crews are required to sign on and off and to pick up their nominated tally to qualify for the days racing. The signing on /off sheets and tally board will be adjacent to the race admin area.

19.2.3 Failure to sign on/off and return the tally lanyard within 40 minutes of the Race Officer returning to the hard will result in a Did Not Compete result for the races affected.

19.2.4 All tally board actions shall be done by the helm/crew of the relevant boat only.

19.3 Trolley Tags

19.3.1 Trolley tags will be issued at registration. All competitors shall attach the tag clearly to their launching trolley before launching.

19.3.2 Trolley tags are intended to assist the shore team in identifying and moving launching trolleys efficiently and safely. Competitors are asked to ensure tags remain visible throughout the event and are returned if requested by BSSC

19.4 Retirement

19.4.1 A boat that retires from a race shall notify the race committee or a safety boat at the first reasonable opportunity. Promptly after returning to shore, the boat shall complete a retirement declaration 'sign-off' form, making it clear which race it has retired from. The retirement form will be available in the clubhouse.

20 REPLACEMENT OF CREW OR EQUIPMENT

20.1 Substitution of competitors is not allowed without prior written approval of the organising committee.

21 EQUIPMENT AND MEASUREMENT CHECKS

21.1 A boat or equipment may be inspected at any time for compliance with

the class rules, notice of race and sailing instructions.

22 SUPPLIED BOATS

22.1 N/A

23 OFFICIAL VESSELS

23.1 N/A

24 SUPPORT TEAMS

24.1 N/A

25 TRASH DISPOSAL

25.1 Trash may be placed aboard official [or support person] vessels.

26 BERTHING

26.1 Boats shall be kept in their assigned places while in the boat park.

27 HAUL-OUT RESTRICTIONS

27.1 N/A

28 DIVING EQUIPMENT AND PLASTIC POOLS

28.1 Keelboats shall not be cleaned below the waterline by any means during the event, including when dried out on a mooring.

29 PRIZES

29.1 Prizes will be awarded as determined by NWNSA.

30 RISK STATEMENT

30.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury.

Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.

31 INSURANCE

31.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3 million per incident or the equivalent.

SI ADDENDUM A

