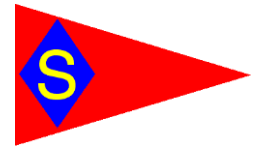


Snettisham Beach Sailing Club



SAILING INSTRUCTIONS For Club Racing

v. 2026 -Seniors

1 RULES

Racing will be governed by the rules as defined in The Racing Rules of Sailing (RRS) and the prescriptions of the RYA as published on the RYA Website and the individual class measurement rules except that

1.1 Racing Rules of Sailing (40) PERSONAL FLOTATION DEVICES will be changed as follows:
Competitors shall wear personal flotation devices, except briefly while changing or adjusting clothing or personal equipment. Wet suits and dry suits are not personal flotation devices. This changes the rule in that the rule is always in force during racing and code flag Y need not be displayed to indicate this.

1.2 Racing Rules (RRS) 44.3 Scoring Penalty will not apply.

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board(s) located inside the main entrance to the club

3 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

4 SIGNALS MADE ASHORE

4.1 Signals made ashore will be displayed as follows:

4.1.1 For Beach Line Starts, at the discretion of the OOD signals will be displayed from the flagstaff on the beach OR via the shore-based **Lighting** system.

4.1.2 When flag AP is displayed ashore for Committee Boat Starts. "1 minute" is replaced with "not less than 15 minutes" before the race start sequence can commence.

5 SCHEDULE OF RACES

The Schedule of Races will be published in the Annual Club booklet / published racing programme and any modifications to the schedule will be posted on the club website.

6 CLASS FLAGS

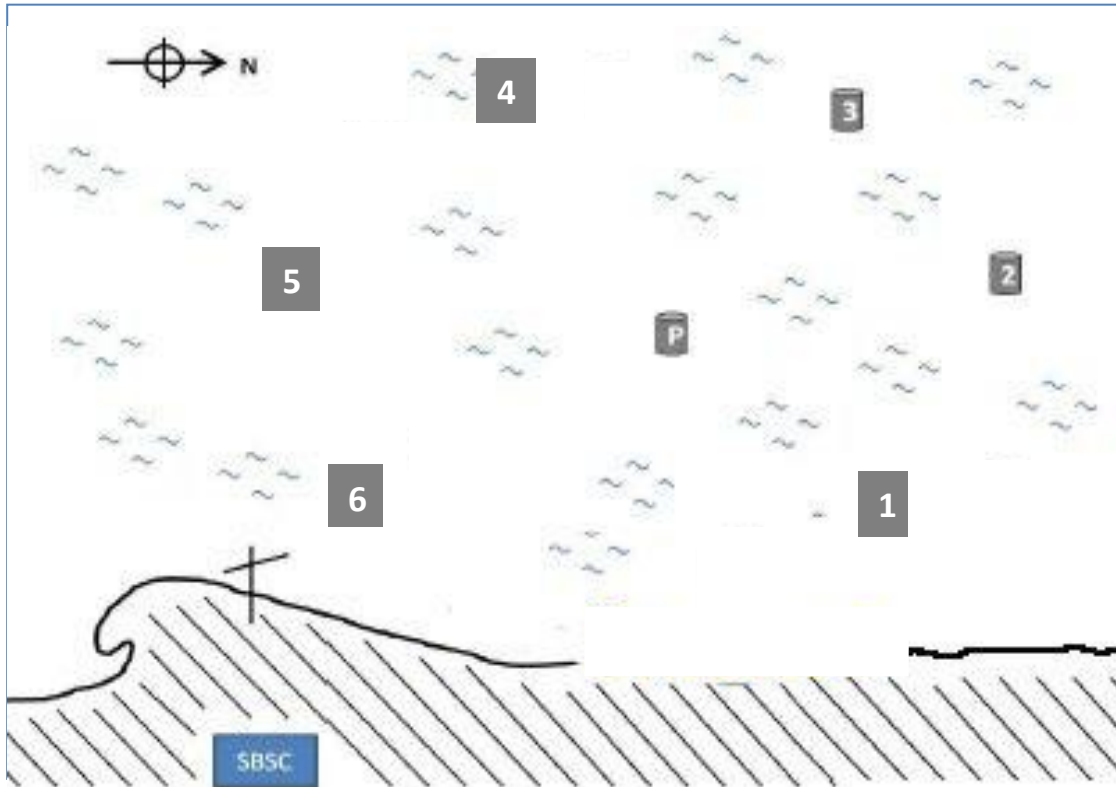
Class flag for:

HANDICAP club racing will be - *Pennant 1.*

ALL OTHER CLASSES will be - *by their recognised class flags or as noted in the Notice of Race or additional sailing instructions*

7 RACING AREAS

Racing will be carried out on the **Sea** directly to the West of the clubhouse.



- 7.1 The diagram above shows the approximate position of the maximum static marks for Sea Racing. The number of buoys in the star around P may be reduced by decision of the Sailing committee. The numbering of the star buoys will start at 1, to the North, and run anti clockwise.

Marks 1,2,3,4,5,6, and P will be large black drum buoys. In addition temporary round buoys may be used, "X" which is Yellow and "Y" which is Orange.

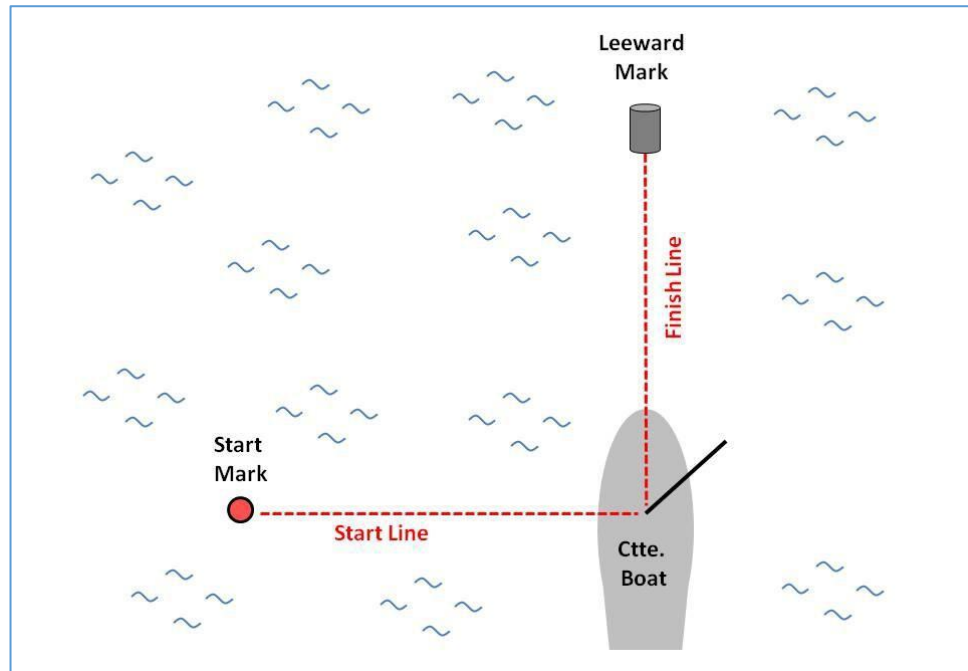
8 COMMITTEE BOAT START

8.1 Course

- 8.1.1 For committee boat starts the order in which marks are to be passed will be displayed on boards displayed on the side of the committee boat and the side on which each mark is to be left will be indicated by a **red** (port) or **green** (starboard) flag displayed on the committee boat.

8.2 The Start

- 8.2.1 Races will be started by using *RRS 26* with the **Warning signal** made 5 minutes before the **Starting signal**.
- 8.2.2 The **starting line** will be between a staff displaying an **orange flag** on the committee boat at the starboard end and an **orange flag mounted on a small temporary spherical buoy** at the Port End. The start line will be set to leeward of the leeward mark (the leeward mark at the start of the race) as per the *following diagram*:



- 8.2.3 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 8.2.4 A boat starting later than 10 minutes after her starting signal will be scored DNS - Did Not Start, without a hearing. This changes *RRS A4 and A5*.

8.3 Changes to the next leg of the course

- 8.3.1 At the discretion of the Race Officer, if there is a significant change in conditions a race can be abandoned and either re-run immediately rescheduled (Cup Races Only) or cancelled. There will be no change to the course during a race.

8.4 The Finish

- 8.4.1 The finishing line will be between a staff on the committee boat displaying a blue flag and a nearby mark of the course, the "leeward" mark as per the diagram in 8.2.2.
- 8.4.2 Boats that have finished should avoid the finishing line until all boats racing have finished or retired.

8.5 Target Race Duration and Shortening Course

- 8.5.1 The target duration is 45 minutes. Boats should continue racing until such time that the committee boat flies the SHORTENED COURSE flag - **S**
- 8.5.2 Once the shortened course flag is flown, a boat should continue sailing the course and will finish the next time she passes through the finish line.
- 8.5.3 Boats failing to finish within 15 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This change *RRS 35, A4 and A5*.
- 8.5.4 At the discretion of the OOD an individual competitor/s may be finished before the general Shortened course flag **S** is flown and will communicate to the competitor they have been marked as finished with a time via the rescue boat.
- 8.5.5 The OOD can Shorten course at any mark at their discretion.

9 BEACH LINE STARTS

9.1 Course







- 9.1.1 The Course will be announced at least 15 minutes before the scheduled race time **BUT competitors MUST enquire themselves of the course PRIOR to launching**
- 9.1.2 If the Race Officer wishes to change the course once boats are afloat, he assumes responsibility for communicating the change to all competitors by either:
 - (a) Communicating the change via a safety boat.
 - (b) Signalling Answering Pennant over H indicating "Races not started are postponed. Further signals ashore."

9.2 The Start

- 9.2.1 Races will be started using RRS 26 with the **Warning** signal made 5 minutes before the **Starting** signal.
- 9.2.2 The starting line will be between the beach flagstaff and a nearby buoy which will be indicated on the course board by the flagstaff.
- 9.2.3 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 9.2.4 A boat starting later than 15 minutes after her starting signal will be scored DNS - Did Not Start without a hearing. This changes RRS A4 and A5.

ALTERNATIVE LIGHT BOARD STARTING SEQUENCE

- 9.2.5 The OOD may at their decision choose to use the Light board system of beach starts which will be displayed from a position near the Flagstaff as follows: (at the OOD's discretion they may also use a sound signal for the starting sequence and finishing in conjunction with the light board system) The Starting Sequence will commence when 5 lights are ON.

	HOOT	5 MINUTES
	HOOT	4 MINUTES
		3 minutes
		2 minutes
	HOOT	1 MINUTE
	HOOT	START

SHORTENING COURSE: Lights

	2 x HOOTS	SHORTEN COURSE
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9.3 Change of the Next Leg of the Course

9.3.1 At the discretion of the Race Officer, if there is a significant change in conditions a race can be abandoned and either re-run immediately, rescheduled (Cup Races Only) or cancelled. There will be no changes to the course during a race.

9.4 The Finish

9.4.1 The finishing line will be between the beach flagstaff and a nearby buoy which will **have** been indicated on the course board by the flagstaff or previously communicated by the OOD.

9.4.2 Boats that have finished should avoid the finishing line until all boats racing have finished or retired.

9.5 Target Race Duration and Shortening Course

9.5.1 The target duration is 45 minutes. Boats should continue racing until such time that the committee boat flies the shortened course flag /signal

9.5.2 Once the shortened course flag is flown/light signal is made, a boat should continue sailing the course and will finish the next time she passes through the finish line.

9.5.3 Boats failing to finish within 15 minutes after the first boat sails the course and finishes will be scored *Did Not Finish (DNF)* without a hearing. This changes *RRS 35, A4 and A5*.

9A GATE BOAT STARTS & SELF - TIMED LAPS

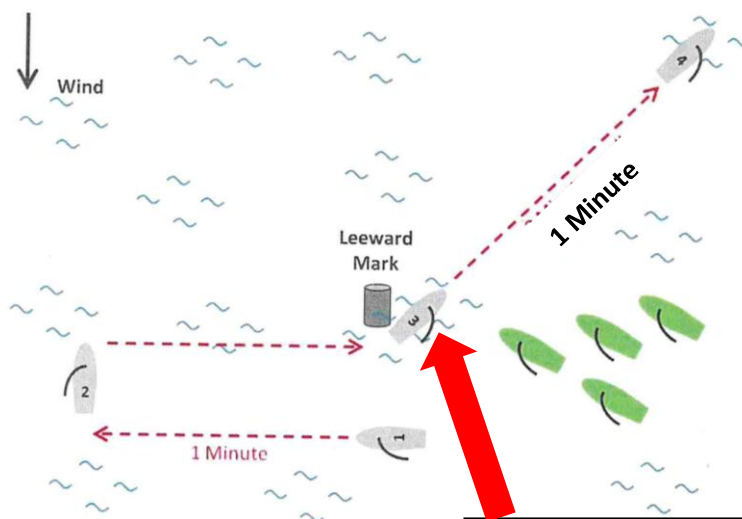
9A.1 Course

9A.1.1 The Nominated Gate Boat for the first race of each class will be agreed on shore before racing commences. For subsequent races the nominated gate boat will be whoever finishes second on the water in the previous race.

The COURSE to be sailed and number of laps shall be agreed prior to commencement of the race. It is the COMPETITORS responsibility to ensure they have availed themselves of the agreed course and laps prior to launching. The nominated Gate Boat will have the final decision.

9A.2 The Start

9A.2.1 Gate boat starts will adopt the following starting procedure



**ALL COMPETITORS
START STOP WATCHES WHEN
GATE BOAT PASSES HERE !**

- 9A.2.2 From a position hove to and to leeward of the leeward mark (**position 1** on the diagram), the nominated gate boat will indicate the commencement of the starting sequence by raising his hand for 10 seconds. It is the responsibility of the other competitors to be in the area of the start at the nominated start time and be watching the gate boat for this process to commence.
- 9A.2.3 The nominated gate boat will sail on a beam reach for approximately 1 minute on starboard, tack (**position 2** on the diagram) and return to the leeward mark on port.
- 9A.2.4 At the leeward mark (**position 3** on the diagram), the nominated gate boat **opens** the gate start and proceeds on her best windward course allowing the fleet to start by crossing her stern.

For handicap races, all competitors should START their stop watch at this point i.e as the Gate boat passes the mark (to give the same start time for each competitor – not when you pass astern of the gate boat) The Gate boat may sound a whistle to assist with timing as they pass the leeward mark and the race commences, but they will be under no duty to do so.

- 9A.2.5 The gate will remain open for **one** minute at which point the gate boat is free to sail any course she chooses (**position 4** on the diagram).
- 9A.2.6 Any boat which hasn't started by sailing between a line from the leeward mark and the gate boat within one minute will be scored *Did Not Start (DNS)* without a hearing. This changes RRS A4 and A5.

COMPETITORS INDIVIDUAL RESPONSIBILITY FOR SELF TIMING; It is the Competitors responsibility to use their own stopwatch to time their race. The Gate Boat / OOD / Results Officer will not be obliged to accept any estimates from Competitors based on their assessment of how near or far they were from another boat. Competitors must submit a time in minutes and seconds based on their own stop watch. Where Competitors are unable to supply an elapsed time timed by themselves then they will be scored as "*number of competitors in race plus 1*"

9A.3 Change of the Next Leg of the Course

- 9A.3.1 At the discretion of the nominated gate boat, if there is a significant change in conditions a race can be **abandoned** and either re-run immediately, rescheduled (Cup Races Only) or cancelled. There will be no changes to the course once a race has started.

9A.4 The Finish

- 9A.4.1 The race will "close" as the first boat on the water approaches the "leeward" mark after having sailed their fleet target duration (see 9A.5.1).
- 9A.4.2 A boat finishes the next time she rounds the leeward mark and heads up without penalty onto a windward course after the race has "closed".
STOP WATCH for Finish – is : round the leeward mark onto a close hauled course and when on the close hauled course and the helm is level with the leeward mark.
- 9A.4.3 **If the race is a handicap race, each competitor is responsible for recording his race duration and number of laps** and passing it to the OOD/Nominated Gate Boat when the Results Sheet is compiled in the clubhouse after racing. (*Note; Competitors are advised to take a pen or pencil with them on the water and write their finishing times down*)
- 9A.4.4 Boats that have finished should avoid the finishing line until all boats racing have finished or retired.

9A.5 Target Race Duration and Shortening Course

- 9A.5.1 The target duration is 45 minutes The number of laps set by the nominated gate boat takes precedence over the target race duration.
- 9A.5.2 Boats failing to finish within 15 minutes after the first boat sails the course and finishes will be scored *Did Not Finish (DNF)* without a hearing. This changes RRS 35, A4 and A5.
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11 Penalty System

The exoneration penalty and the advisory hearing and RYA arbitration and the RYA Rules Disputes procedures will be available.

12 PROTESTS AND REQUESTS FOR REDRESS

- 12.1 Protest forms are available in the club house located inside the back downstairs entrance to the club or on the club website. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 12.2 For each class, the protest time limit is 90 minutes after the last boat has finished the last race of the day.
- 12.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the training room, beginning at the time posted.
- 12.4 Notices of protests by the race committee or protest committee will be posted to inform boats under *RRS 61.1(b)*
- 12.5 A list of boats that, under instruction 12.3, have been penalised for breaking *RRS 42* (propulsion) will be posted.
- 12.6 Breaches of instructions 8.2.3, 9.2.3, 10.2.3, 14.2, 18, 19, 20 and 26[d] will not be grounds for protest by a boat. This changes *RRS 60.1(a)*. Penalties for these breaches may be less than disqualification if the committee so decides. The scoring abbreviation for a discrepancy penalty imposed under this instruction will be *DPI*.
- 12.7 On the last scheduled day of racing in a series a request for reopening a hearing shall be delivered
- (a) within the protest time limit if the requesting party was informed of the decision on the previous day;
 - (b) no later than 30 minutes after the requesting party was informed of the decision on that day.
- This changes *RRS 66*.
- 12.8 On the last scheduled day of racing in a series a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision.
- 12.9 Decisions of the protest committee will be final as provided in *RRS 70.5*
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13 SCORING

- 13.1 The Low Point System of Appendix A will apply with the following exceptions:
A boat that did not finish (DNF) or retired (RTD) after finishing shall be scored points for: the finishing place one more than the number of boats entered in the race.
 The same will apply to ; DNS, DSQ, OCS.
 Note; DNC is scored as the number of competitors in the series plus 1
- 13.2 Race results will be calculated based on average lap times.
- 13.3 [1] Two races are required to be completed to constitute a series.
 [2] One race is required to be completed to constitute a regatta or club event
 [3] Two starters from any fleet/class are required to constitute a race, regardless of fleet/class
- 13.4 **DISCARDS – PATTERN ; For any Series upto and including 20 races :**
 Race #'s; 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20
 Discards: 0, 0, 0, 1, 1, 1, 2, 2, 2, 3, 3, 3, 4, 4, 4, 5, 5, 5 ,6 ,6
- 13.5 **Discards - For a Series of OVER 20 races :**
 The number of discards for a series of more than 20 races is calculated as follows;
one quarter of the number of completed races in the series rounded down to a whole number.
AVERAGE POINTS
- 13.4 Sailors required to carry out duties will be awarded for each the **average points** for the series so long as
- The race(s) they are covering start
 - They start at least two race/s in the series.
 - A helm that performs a duty (e.g. race officer or safety boat) that prevents him from sailing a race in a series is entitled to claim a compensation score for that race. The compensation score is calculated as follows: The number of discards d is calculated using the discard profile based on the number of completed races in the series. The helms worst d scores are deleted from his list of scores for all the races in the series for which he did not perform a duty including any DNC scores. The arithmetic mean of the remaining scores is computed and used as the compensation score for each of the races for which he performed a duty.
[Note: that a helm's compensation score may vary as the series progresses but the final value will be calculated once the series is complete. This will be used as the score for all races missed due to the performance of a duty.]
 - It is the responsibility the helm to notify the OOD that he wishes to request a compensation score and the OOD should enter this on the race sheet.
 - A crew is not entitled to a compensation score for performing a duty.

14 SAFETY REGULATIONS

- 14.1 No *Check- Out* and *Check-In* is required for club racing.
- 14.2 A boat that retires from a race shall notify the race committee as soon as possible.
- 14.3 Patrol boats acting as Safety Boats cover for a race should not be relied upon, particularly in adverse weather conditions and competitors can only be given such assistance as can practically be provided in the circumstances. This is particularly relevant in colder sea conditions. Patrol boat cover will prioritise persons in the water over towing any disabled craft back to the shore – this may include transporting persons temporarily to the Committee Boat and / or tying up disabled craft to the Committee Boat particularly if conditions dictate patrol / safety cover to remain in the racing area.
- 14.4 Any provision of patrol boat cover does not relieve skippers of their own responsibilities.

15 ELIGIBILITY AND REPLACEMENT OF CREW OR EQUIPMENT

- 15.1 Entry to series are on the basis of class of boat, format (radial/standard, singlehanded/double handed) and named helm.
 - 15.2 The named helm and crew shall be paid up club members.
 - 15.3 Substitution of helms will not be allowed but unlimited substitution of crews is allowed.
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16 EQUIPMENT AND MEASUREMENT CHECKS

- 16.1 A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions.
 - 16.2 Use of replica sails and equipment will be allowed for club racing.
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17 ADVERTISING

Boats will not be required to display advertising supplied by the organizing authority for club racing.

18 OFFICIAL BOATS

Official boats will be; the *Avocet* and the club safety ribs.

19 SUPPORT BOATS

- 19.1 Team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.
 - 19.2 Support boats shall be marked with International Code Flag S over B.
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20 TRASH DISPOSAL

Boats shall not put trash in the water. Trash may be placed aboard support and race committee boats.

21 RADIO COMMUNICATION

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones

22 PRIZES

Overall Prizes will be awarded as defined in the Annual Club Booklet/ official Racing Programme.

23 DISCLAIMER OF LIABILITY

Competitors participate in the regatta/racing entirely at their own risk. See Racing Rules of Sailing 4, Decision to Race (*RRS 4 DECISION TO RACE The responsibility for a boat's decision to participate in a race or to continue racing is hers alone*). The club will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

24 RISK STATEMENT

It must be recognized that sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, you agree and acknowledge that

- (a) You are aware of the inherent element of risk involved in the sport and you accept responsibility exposing yourself to such inherent risk whilst taking part in the event
 - (b) The provision of a race management team patrol boats and other officials and volunteers by the event organizer does not relieve you of your own responsibilities
 - (c) You accept responsibility for any injury, damage or loss to the extent caused by your own
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negligence, acts or omissions

- (d) You will not participate in the event if your ability to participate is impaired by alcohol, drugs or if you are otherwise unfit to participate
 - (e) The provision of patrol boat cover is limited to such assistance particularly in extreme weather conditions as can be practically provided in the circumstances
 - (f) You are aware of any specific risks drawn to your attention by the event coordinator
 - (g) Your boat is in good order, equipped to sail in the event and you are fit to participate
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25 INSURANCE

Each participating boat shall be insured with valid third-party liability insurance TO RACE with a minimum cover of £3,000,000 per event or the equivalent.

26 COMPETITOR OBLIGATIONS

[a] All competitors over the age of 14 shall offer themselves for; assistant race officer, patrol boat crew AND where they hold the clubs required qualification, patrol boat helm AND where they are a reasonably experienced racer, Race Officer for the Day (OOD).

[b] In a series of races if a helm of a boat is called upon to carry out such a duty resulting in the boat being unable to sail then the helm will be awarded points equal to the average of their series results to be counted

[c] the Clubs current Rule requirement for minimum number of duties is 3 in a season [d] Reasonably experienced helms will offer themselves for OOD in excess of 3 occasions /duties

END.

NOTE:

For designated Club Junior Racing please the separate "Sailing Instructions for Club Junior Racing".