

Overy Staithe Sailing club - NWNSA Meeting

Thursday August 14th 2025.

Sailing Instructions

1. There is a sequence of races as per the NWNSA general instructions. The start time for the first race is 09.30 followed by other classes at 3 minute intervals. Briefing outside the Boathouse at 08.30.

Allow 20 minutes to sail to the race area.

2. If weather conditions are suitable courses will be set at sea. Courses at **Sea** will be an Olympic triangle/sausage course with all marks (large yellow conical) **left to port**. The number of rounds will be displayed on the committee boat.

If it's too rough to sail at sea **courses will be set inside** the harbour (marks A,B,C,D,E, F, G, yellow bladder buoys with letters plus inflatable marks (I₁, I₂, I₃ = large yellow conical). See map on club notice board.

If a **harbour course** is sailed all bladder buoys **marking groynes** (pink to port, green to starboard) must be passed on the main channel side. The course will be displayed on the committee boat.

3. **Starting:** will be between the committee boat and a Dan buoy with an orange flag.

The start sequence as per General NWNSA Sailing Instructions.

4. **Finishing:** The finishing line will be between a mark of the course and the committee boat (or other boat) flying a blue flag.

5. **Time limits.** No boat will be allowed to start more than 2 minutes after their start.

6. **Scoring:** As per NWNSA General Instructions.

7. **The Safety boat** is to be regarded as an obstruction in accordance with the rules when attending a casualty or doing end of line duties.

Overy Staithe Sailing club – NWNSA Meeting

Thursday August 14th 2025

Notice of Race

There is no clubhouse at Overy Staithe but the Sailing club have kindly been loaned part of the Boathouse for the day and Dowley's field.

Parking: Boats, trailers and competitors' cars may be parked on Dowley's field adjacent to the Boathouse dinghy park on the front at Overy Staithe. This is where you should go when you first arrive in Overy.

Do not leave your car on the Hard as this will flood at High Water while you are out sailing. High Water is at 10.24 and racing starts at 09.30. It takes approximately 20 minutes to sail to the race area.

Changing – there are no changing facilities or showers and one loo at the rear of the Boathouse.

Teas, coffees etc. will be served in the Boathouse before and after racing.

Information

The club noticeboard is on the grass bank near the Boathouse. There will be a briefing at 07.30 outside the Boathouse.