

**North West Norfolk Sailing Association
General Sailing Instructions Revised 2025**

1. RULES

All races will be sailed under the World Sailing *Racing Rules of Sailing*, the prescriptions of the RYA and the rules of all relevant Class Associations, except where changed below or in the Notice of Race, the NWNSA General Sailing Instructions or the sailing instructions of the individual Member Clubs.

2. ENTRIES

All entrants to the races of the regatta will be awarded weekly points, but they must still complete the required number of races to qualify for the Weekly prizes.

3. NOTICES TO COMPETITORS

- 3.1. NWNSA notices will be posted on the Weekly notice board located at the Registration desk.
- 3.2. Individual club notices and changes to SIs will be posted on the Club notice board located at the Race Office or as specified in the Club SIs.

4. CHANGES TO SAILING INSTRUCTIONS

These instructions should be read in conjunction with, and, in the event of conflict shall be superseded by, the instructions of Member Clubs, which may be further superseded by member Clubs by means of a notice posted at the reception site. To draw attention to this notice Flag L will be flown at the reception or launching area at least one hour before the advertised time of the start of racing.

5. SIGNALS

- 5.1. Postponement and Abandonment Signals will be in accordance with rules 27.3 and 32.1 and 32.3. Attention is drawn to the fact that signals may be flown from the committee boat, a shore mast, or both.
- 5.2. Shortening Course
This will be in accordance with Rule 32.1 and 32.2
Where one or more fleets are to be shortened, this will be indicated by Flag S plus the class flag(s).

6. SCHEDULE OF RACES

This will be in accordance with the Weekly Programme 2025.

7. DECLARATIONS

All competitors will be required to sign on and off from all races. Declaration sheets will be on display at all clubs and must be signed before going afloat and within sixty minutes of the end of racing for the day. Competitors who sail but fail to sign on and/or off may be disqualified from the race/races that day. Competitors who retire from a race must sign off and indicate their retirement on the declaration sheet.

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8. CLASS FLAGS & ORDER OF STARTS

- 8.1. Class flags and order of starts are planned to be as follows, but this order may be modified on the first day of sailing when the final makeup of the fleets is known:
 - National 12 Letter T
 - Allcomers Fleet Numeral Pennant 1
- 8.2. Any class with an entry of 5 or more boats may be entitled to a separate start at the Race Officer's (RO) discretion; the decision to do so will rest with the RO and will be advised to competitors verbally before the start.
- 8.3. Where necessary due to size and number of fleets, they may be required to combine starts with another class or classes.
- 8.4. A Class that is also racing as a separate event (e.g. an open meeting or championship) shall have its own individual start.

9. THE COURSE

The course to be sailed will be detailed in the SIs of the host club for that day.

10. THE START – CHANGE to rule 26

- 10.1. The procedure will be in accordance with the following:
6 minutes before the start: Class flag and gun or other sound signal.
3 minutes before the start: Flag P and gun or other sound signal.
Start Class flag dropped.
 This changes rule 26.

11. RECALLS

- 11.1. Individual recalls, Rule 29.1
Individual recalls will be in accordance with rule 29.1 (Individual Recalls) when at a boat's starting signal any part of her hull is on the course side of the starting line or she must comply with rule 30.1, the race committee shall promptly display flag X with one sound. The flag shall be displayed until the hull of each such boat has been completely on the pre-start side of the starting line or one of its extensions, and until all such boats have complied with rule 30.1 if it applies, but no later than four minutes after the starting signal or one minute before any later starting signal, whichever is earlier. If rules 29.2, 30.3 or 30.4 applies this rule does not.
- 11.2. General recall, CHANGE to Rule 29.2
When at the starting signal the race committee is unable to identify boats that are on the course side of the starting line or to which rule 30 applies, or there has been an error in the starting procedure, the race committee may signal a general recall (display the First Substitute with two sounds). Recalled classes must keep clear of the starting area until their new warning /preparatory signals are made. The warning signal for a new start for the recalled fleet shall be made concurrently with the starting signal for the last succeeding fleet. i.e. *the recalled fleet goes to the back of the queue for their start.*
This changes rule 29.2

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12. STARTING PENALTIES - CHANGE to rule 30.1

12.1. I Flag Rule (Round the Ends Rule)

Except where there are no navigable extensions at both ends of the starting line, **the following rule will apply to all starts** unless the black flag rule described in 12.2 is introduced:

If flag I has been displayed, and any part of a boat's hull is on the course side of the starting line or one of its extensions during the last minute before her starting signal, she shall sail across an extension so that her hull is completely on the pre-start side before she starts.

Where there are no navigable extensions available, boat(s) may return to the pre-start side of the line until their hull(s) have completely cleared the line but must keep clear of all other starters until they have done so.

This changes rule 30.1.

12.2. Black Flag Rule – rule 30.4.

If a black flag has been displayed, no part of a boat's hull shall be in the triangle formed by the ends of the starting line and the first mark during the last minute before her starting signal.

If a boat breaks this rule and is identified, she shall be disqualified without a hearing, even if the race is restarted or resailed, but not if it is postponed or abandoned before the starting signal.

If a general recall is signalled or the race is abandoned after the starting signal, the race committee shall display her sail number before the next warning signal for that race, and if the race is restarted or resailed she shall not sail in it. If she does so, her disqualification shall not be excluded in calculating her series score.

13. THE FINISH

13.1. A boat *finishes* when, after her starting signal, any part of her hull crosses the finishing line from the course side. However, she has not *finished* if after crossing the finishing line she: (a) takes a penalty under rule 44.2, (b) corrects an error in *sailing the course* made at the line, or (c) continues to *sail the course*.

13.2. After *finishing* she need not cross the finishing line completely. The sailing instructions may change the direction in which boats are required to cross the finishing line to *finish*.

14. TIME LIMIT

14.1 Any yacht not finishing within the time limit stated in each club's sailing instructions, will be deemed to have retired. If the Club SIs do not specify a time limit then the time limit will be as rule 35.

14.2 The Race Officer may optionally allow boats a finish position in fleet order if circumstances permit.

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15. PROTESTS AND ADVISORY HEARINGS

- 15.1. Any competitor wishing to lodge a protest must notify the Race Officer or another appropriate officer of the club or Association within sixty minutes of the finish of racing for the day.
- 15.2. The RYA Arbitration rules will be applied before the dispute goes to a full protest meeting, a 30% or 3 place penalty may be agreed between both parties and an arbitrator.
- 15.3. If Arbitration fails the competitor must lodge the protest in writing on the RYA Protest Form, together with a deposit of £10.00, within **2 hours** of the finish of racing for the day.

16. RESULTS

Results will be displayed at the race office for the day as soon as possible. If delayed by protests, then they may be posted before the following race.

17. SCORING – CHANGES to Appendix A 2.2

- 17.1. The Low Points System, Appendix A of the Racing Rules, will apply
- 17.2. Rule A5.3 applies to all races: "If the notice of race or sailing instructions state that rule A5.3 will apply, rule A5.2 is changed so that a boat that came to the starting area but did not *start*, did not *sail the course*, did not *finish*, retired or was disqualified shall be scored points for the finishing place one more than the number of boats that came to the starting area, and a boat that did not come to the starting area shall be scored points for the finishing place one more than the number of boats entered in the series."
- 17.3. If 11, 12 or 13 races are sailed 3 scores may be discarded. If 8, 9 or 10 races are sailed 2 scores may be discarded. If 6 or 7 races are sailed 1 score may be discarded. If 5 or fewer races are sailed there will be no discards.
- 17.4. Discards pattern: 0000011222333

18. COMPENSATORY POINTS

- 18.1. Competitors entered for the week who are unable to sail at their own club due to **club duties essential to racing** that day may apply for average points from all other races in the series provided the request is made at least one week before the date of race.
- 18.2. Award of compensatory points will be at the discretion of the NWNSA Committee. Any requests for compensatory points received outside the timescale in 18.1 will only be considered at the discretion of the NWNSA Committee.

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19. PRIZES

- 19.1. Daily Prizes will be awarded to the square root of the number of boats sailing in each fleet that day.
- 19.2. Weekly Prizes will be awarded to the square root of the number of boats who qualify for the whole week who qualify as starters in their fleet during the week.
- 19.3. The number of prizes to be awarded may be increased by the NWNSA committee where it is felt appropriate.

20. SAFETY

- 20.1. Competitors shall wear life-jackets or other adequate personal flotation devices, except briefly while changing or adjusting clothing or personal equipment. Wet suits and dry suits are not adequate personal flotation devices.
- 20.2. Safety Boat facilities may be available but no responsibility for any accident, mishap or damage, however caused, can be accepted by the Association, member Clubs, their officers, officials or safety craft crews. All persons who enter Member Club property and use Member Club waters do so at their own risk.

21. CERTIFICATES

Where applicable these must be valid for the current season and must be produced within twenty four hours on demand. Any competitor failing to produce a current certificate will be required to sign an undertaking to produce a certificate within fourteen days after the start of the first race and to lodge a deposit of £10.00 which will be forfeited if such a certificate or true copy is not submitted within the time limit.

22. INSURANCE

All yachts must have a current Certificate of Insurance valid for the entire period of the meeting. The minimum Third Party Cover must be £5,000,000. A declaration must be signed by the owner of the yacht on the official entry form before the first race is entered.

23. ADVERTISING

A boat and her crew shall comply with World Sailing Regulation 20, Advertising Code. The organising body may require competitors to display event sponsor advertising material. Boats may be required to carry stickers carrying sponsor-advertising material provided at registration. These should be attached to the boat in accordance with the fixing method provided in the following areas:
Forward 25% of both sides of the hull above the waterline.

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24. SAIL NUMBERS

Competitors may only use sails displaying numbers other than those under which they are entered if agreed by the Race Officer at least 1 hour before the start of racing on that day.

25. Membership of clubs during the Week

Member Clubs welcome all competitors to make full use of their facilities as temporary members during the meeting.

26. Privacy Statement

The personal information you provide to the North West Norfolk Sailing Association (NWNSA) will be used solely to facilitate your participation in North West Norfolk Week. NWNSA may use your contact information to let you know of future events, but you may opt out of this by writing or emailing to the Honorary Secretary of NWNSA (details at www.norfolkweek.co.uk).

If you have agreed to be bound by the Racing Rules of Sailing and the other rules that govern the event (the rules), the legal basis for processing that personal information is contract. If you are not bound by the rules, the legal basis for processing that personal information is legitimate interest.

Your personal information will be stored and used in accordance with the organizing authority's privacy policy (see below). Only when required by the rules may your personal information be shared with the RYA and/or World Sailing. The results of the event and the outcome of any hearing or appeal may be published but will not contain any of your personal information.

27. Privacy Policy

- 27.1. NWNSA will only store information from competitors that is relevant to their participation in a NWNSA event.
- 27.2. Personal financial information will not be retained by NWNSA except for the amount that they have paid to NWNSA.
- 27.3. NWNSA will never share personal information with any other individual or organisation without the permission of the information provider except where required by the Racing Rules of Sailing.
- 27.4. NWNSA will make every effort to notify affected individuals in the event of the actual or possible theft of their personal information.
- 27.5. Individuals may request a copy of the information held about them by NWNSA by contacting the Honorary Secretary (details at www.norfolkweek.co.uk). A charge may be made for this.