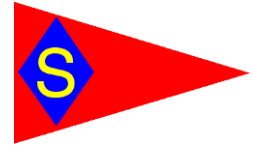


# Snettisham Beach Sailing Club



## SAILING INSTRUCTIONS For Club Racing

### 1 RULES

Racing will be governed by the rules as defined in The Racing Rules of Sailing (RRS) and the prescriptions of the RYA as published on the RYA Website and the individual class measurement rules except that

- 1.1 Racing Rules of Sailing (40) PERSONAL FLOTATION DEVICES will be changed as follows:  
*Competitors shall wear personal flotation devices, except briefly while changing or adjusting clothing or personal equipment. Wet suits and dry suits are not personal flotation devices. This changes the rule in that the rule is always in force during racing and code flag Y need not be displayed to indicate this.*
- 1.2 Racing Rules (RRS) 44.3 Scoring Penalty will not apply.

### 2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board(s) located inside the main entrance to the club

### 3 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

### 4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed as follows:
  - 4.1.1 For Committee Boat Starts, signals will be made from the main flagstaff in front of the club.
  - 4.1.2 For Beach Line Starts, signals will be displayed from the flagstaff on the beach.
  - 4.1.3 For Pit Racing, signals will be made from the flagstaff by the launching area.
  - 4.1.4 When flag AP is displayed ashore for Committee Boat Starts. "1 minute" is replaced with "not less than 15 minutes" before the race start sequence can commence.

### 5 SCHEDULE OF RACES

The Schedule of Races will be published in the Annual Club booklet and any modifications to the schedule will be posted on the website and the official notice board.

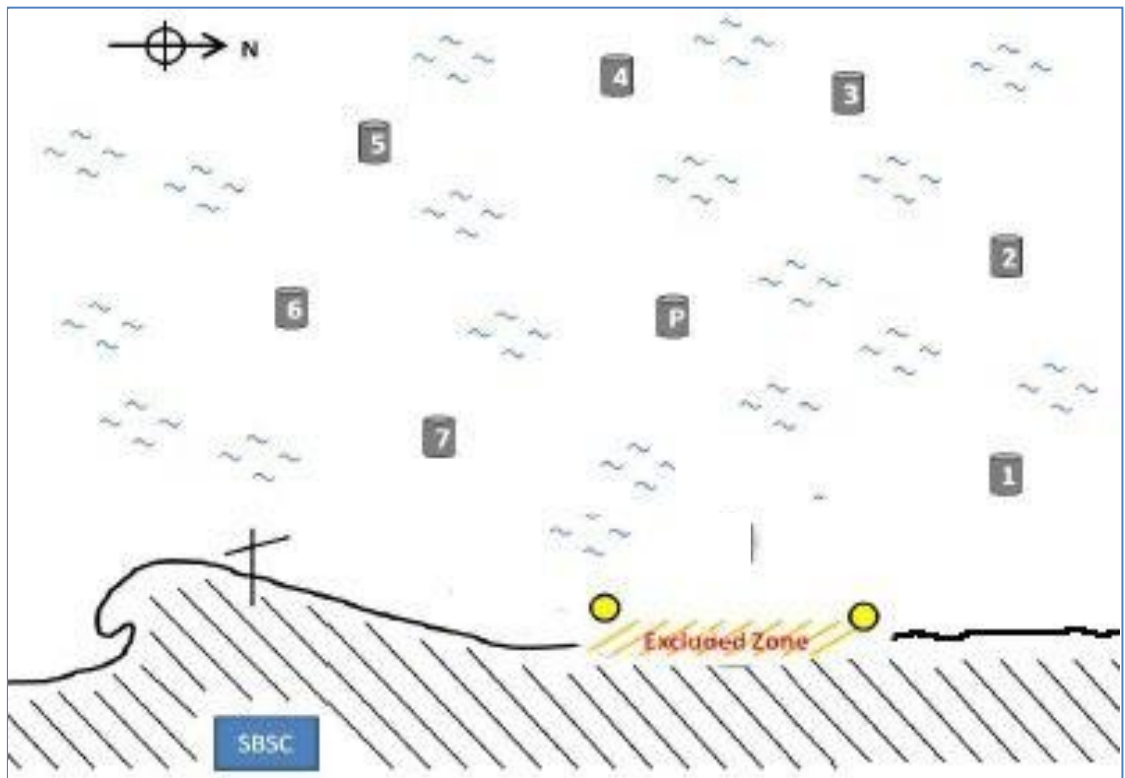
### 6 CLASS FLAGS

Class flag for:

Handicap club racing will be - *Pennant 1*.

## 7 RACING AREAS

Racing will be carried out on the Sea directly to the West of the clubhouse or in the gravel pit behind the club.



- 7.1 The diagram above shows the approximate position of the static marks for Sea Racing. Marks 1,2,3,4,5,6,7 and P will be large black drum buoys. In addition temporary round buoys may be used, "X" which is Yellow and "Y" which is Orange.
- 7.2 Racing on the Gravel Pit will utilise small moveable bladder buoys or other such buoys as required.
- 7.3 The following areas are designated as obstructions: The fishing/launching area to the North of the club, between the yellow buoys on the beach.

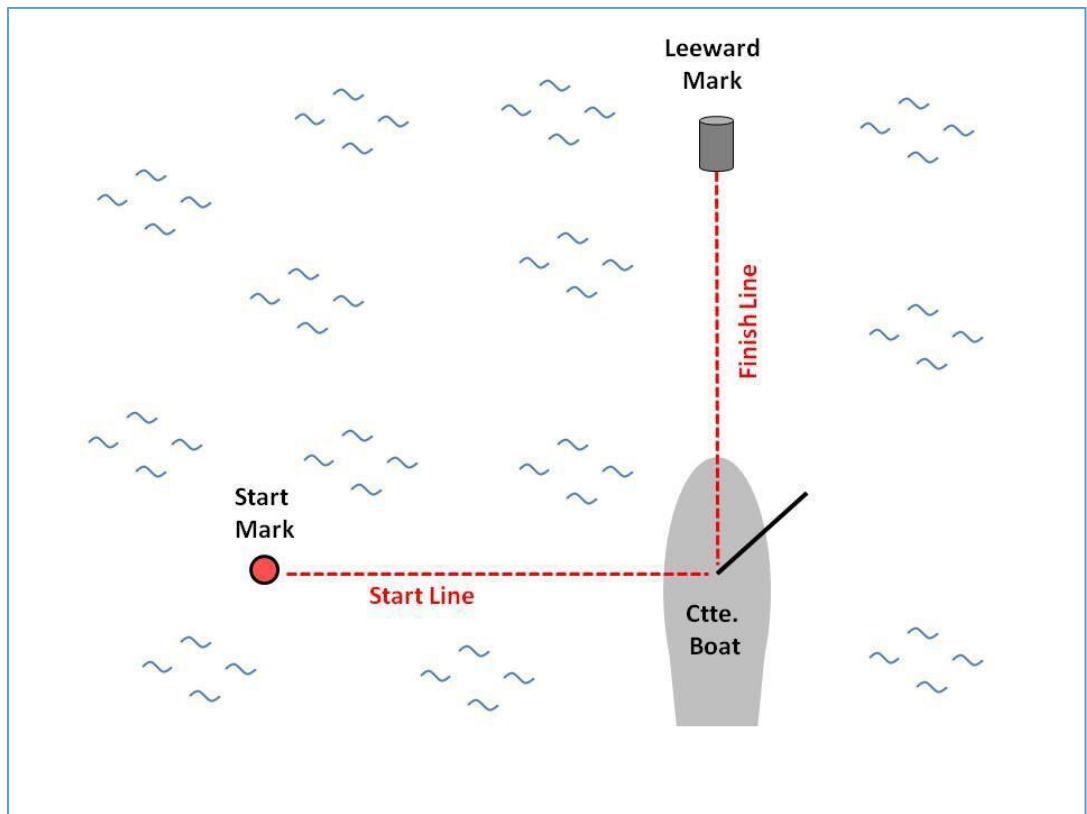
## 8 SEA RACING – COMMITTEE BOAT START

### 8.1 Course

- 8.1.1 For committee boat starts the order in which marks are to be passed will be displayed on boards displayed on the side of the committee boat and the side on which each mark is to be left will be indicated by a red (port) or green (starboard) flag displayed on the committee boat.

### 8.2 The Start

- 8.2.1 Races will be started by using *RRS 26* with the warning signal made one minute before the starting signal.
- 8.2.2 The starting line will be between a staff displaying an orange flag on the committee boat at the starboard end and an orange flag mounted on a small temporary spherical buoy at the Port End. The start line will be set to leeward of the leeward mark (the leeward mark at the start of the race) as per the *following diagram*:



- 8.2.3 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 8.2.4 A boat starting later than 10 minutes after her starting signal will be scored Did Not Start without a hearing. This changes *RRS A4 and A5*.
- 8.3 Changes to the next leg of the course**
- 8.3.1 At the discretion of the Race Officer, if there is a significant change in conditions a race can be abandoned and either re-run immediately rescheduled (Cup Races Only) or cancelled. There will be no change to the course during a race.
- 8.4 The Finish**
- 8.4.1 The finishing line will be between a staff on the committee boat displaying a blue flag and a nearby mark of the course, the "leeward" mark as per the diagram in 8.2.2.
- 8.4.2 Boats that have finished should avoid the finishing line until all boats racing have finished or retired.
- 8.5 Target Race Duration and Shortening Course**
- 8.5.1 The target duration is 45 minutes or for Junior races 30 minutes. Boats should continue racing until such time that the committee boat flies the shortened course flag - **S**
- 8.5.2 Once the shortened course flag is flown, a boat should continue sailing the course and will finish the next time she passes through the finish line.
- 8.5.3 Boats failing to finish within 15 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This change *RRS 35, A4 and A5*.

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## 9 SEA RACING – BEACH LINE STARTS

### 9.1 Course

- 9.1.1 The Course will be marked on a board by the flagstaff at least 15 minutes before the scheduled race time.
- 9.1.2 If the Race Officer wishes to change the course once boats are afloat, he assumes responsibility for communicating the change to all competitors by either:
  - (a) Communicating the change via a safety boat.
  - (b) Signalling Answering Pennant over H indicating “Races not started are postponed. Further signals ashore.”

### 9.2 The Start

- 9.2.1 Races will be started using *RRS 26* with the warning signal made one minute before the starting signal.
- 9.2.2 The starting line will be between the beach flagstaff and a nearby buoy which will be indicated on the course board by the flagstaff.
- 9.2.3 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 9.2.4 A boat starting later than 10 minutes after her starting signal will be scored Did Not Finish without a hearing. This changes *RRS A4 and A5*.

### 9.3 Change of the Next Leg of the Course

- 9.3.1 At the discretion of the Race Officer, if there is a significant change in conditions a race can be abandoned and either re-run immediately, rescheduled (Cup Races Only) or cancelled. There will be no changes to the course during a race.

### 9.4 The Finish

- 9.4.1 The finishing line will be between the beach flagstaff and a nearby buoy which will be indicated on the course board by the flagstaff.
- 9.4.2 Boats that have finished should avoid the finishing line until all boats racing have finished or retired.

### 9.5 Target Race Duration and Shortening Course

- 9.5.1 The target duration is 45 minutes or for Junior Races 30 minutes. Boats should continue racing until such time that the committee boat flies the shortened course flag.
- 9.5.2 Once the shortened course flag is flown, a boat should continue sailing the course and will finish the next time she passes through the finish line.
- 9.5.3 Boats failing to finish within 15 minutes after the first boat sails the course and finishes will be scored *Did Not Finish (DNF)* without a hearing. This changes *RRS 35, A4 and A5*.

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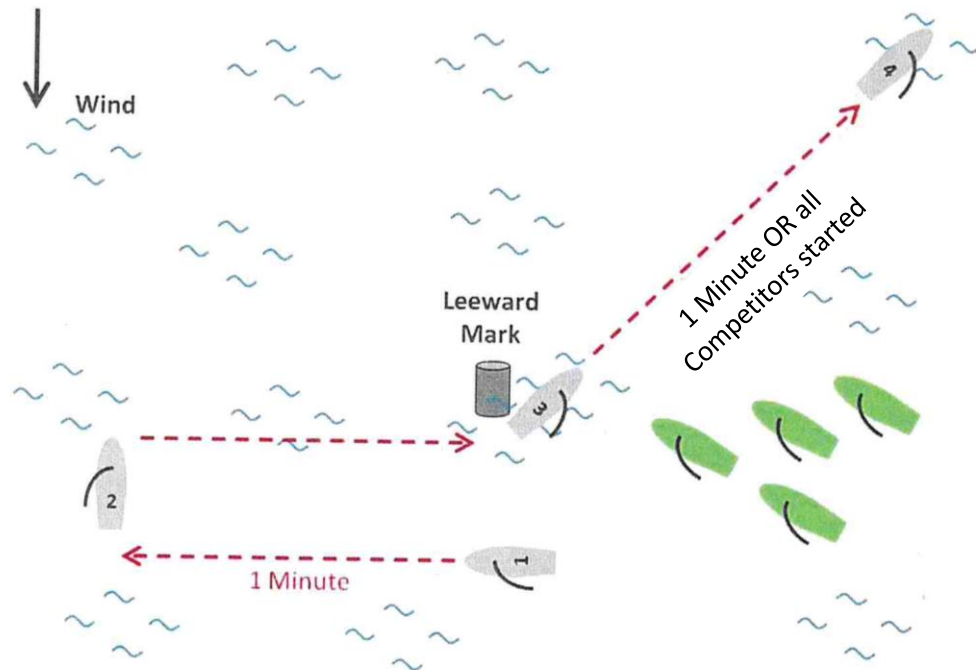
## 9A SEA RACING – GATE BOAT STARTS

### 9A.1 Course

- 9A.1.1 The Nominated Gate Boat for the first race of each class will be agreed on shore before racing commences. For subsequent races the nominated gate boat will be whoever finishes second on the water in the previous race.
- 9A.1.2 It is the responsibility of the nominated gate boat to communicate the course and number of laps, which may be dependent on Fleet, to all of the competitors.
- 9A.1.3 By prior agreement on shore between the relevant class captain or their nominated deputies, multiple classes can share the same gate boat start.

## 9A.2 The Start

9A.2.1 Gate boat starts will adopt the following starting procedure.



9A.2.2 From a position hove to and to leeward of the leeward mark (position 1 on the diagram), the nominated gate boat will indicate the commencement of the starting sequence by raising his hand for 10 seconds. It is the responsibility of the other competitors to be in the area of the start at the nominated start time and be watching the gate boat for this process to commence.

9A.2.3 The nominated gate boat will sail on a beam reach for approximately 1 minute on starboard, tack (position 2 on the diagram) and return to the leeward mark on port.

9A.2.4 At the leeward mark (position 3 on the diagram), the nominated gate boat opens the gate start and proceeds on her best windward course allowing the fleet to start by crossing her stern.

**For handicap races, all competitors should make a note of the time as this is the start time of the race.** The Gate boat may sound a whistle to assist with timing as they pass the leeward mark and the race commences, but they will be under no duty to do so.

9A.2.5 The gate will remain open for the greater of one minute at which point the gate boat is free to sail any course she chooses (position 4 on the diagram).

9A.2.6 Any boat which hasn't started by sailing between a line from the leeward mark and the gate boat within one minute will be scored Did Not Start without a hearing. This changes RRS A4 and A5.

## 9A.3 Change of the Next Leg of the Course

9A.3.1 At the discretion of the nominated gate boat, if there is a significant change in conditions a race can be abandoned and either re-run immediately, rescheduled (Cup Races Only) or cancelled. There will be no changes to the course once a race has started.

**9A.4 The Finish**

- 9A.4.1 The race will “close” as the first boat on the water approaches the “leeward” mark after having sailed the target duration (see 9A.5.1).
- 9A.4.2 A boat finishes the next time she rounds the leeward mark and heads up without penalty onto a windward course after the race has “closed”.
- 9A.4.3 If the race is a handicap race, each competitor is responsible for recording his race duration and number of laps and passing it to the Class Captain or his nominated deputy.
- 9A.4.4 Boats that have finished should avoid the finishing line until all boats racing have finished or retired.

**9A.5 Target Race Duration and Shortening Course**

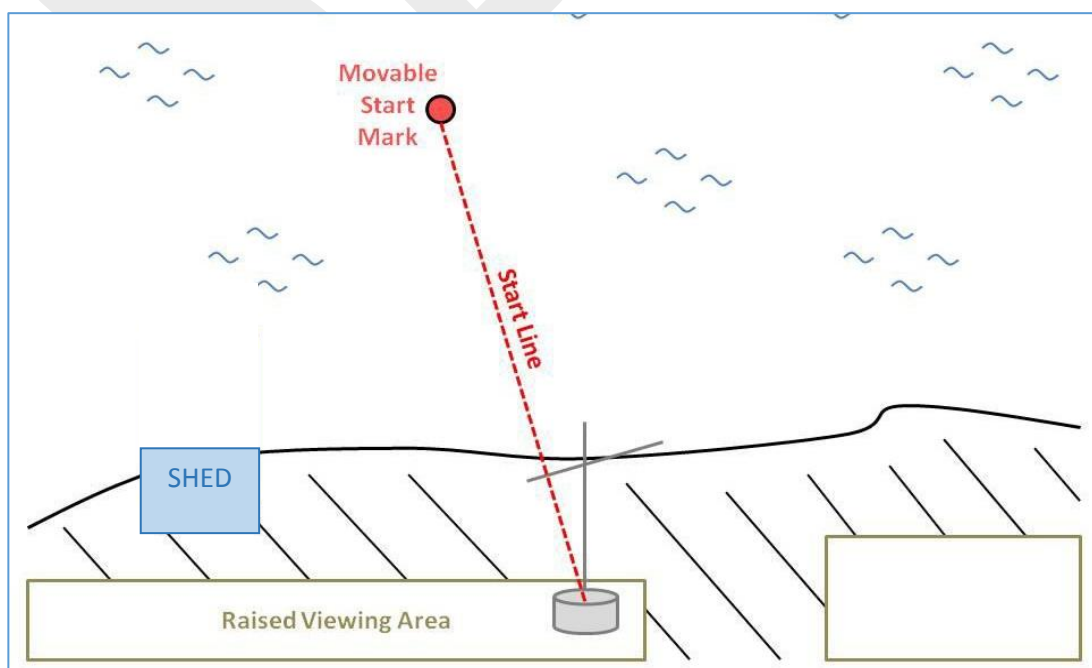
- 9A.5.1 The target duration is 45 minutes or for Junior Races 30 minutes. The nominated gate boat will estimate the number of laps to achieve the target duration and will communicate this number to all competitors. The number of laps set by the nominated gate boat takes precedence over the target race duration.
- 9A.5.2 Boats failing to finish within 15 minutes after the first boat sails the course and finishes will be scored *Did Not Finish (DNF)* without a hearing. This changes RRS 35, A4 and A5.

**10 LAKE RACING****10.1 Course**

- 10.1.1 The Course and number of laps will be marked on a board near the Pit flagstaff at least 5 minutes before the scheduled time.
- 10.1.2 If the Race Officer wishes to change the course once boats are afloat, he assumes responsibility for communicating the change to all competitors by communicating the change before the starting signal.

**10.2 The Start**

- 10.2.1 Races will be started by using *RRS 26* with the warning signal made one minute before the starting signal.



10.2.2 The starting line will be between the Pit flagstaff and a nearby movable buoy which will be indicated on the course board near the Pit flagstaff.

10.2.3 A boat starting later than 10 minutes after her signal will be scored Did Not Start without a hearing. This changes *RRS A4 and A5*.

**10.3 Change of the next leg of the course**

10.3.1 At the discretion of the Race Officer, if there is a significant change in conditions a race can be abandoned and either re-run immediately or cancelled. There will be no changes to the course during a race.

**10.4 The Finish**

10.4.1 The finishing line will be between the Pit flagstaff and a nearby buoy which will be indicated on the course board by the flagstaff.

10.4.2 Boats that have finished should avoid the finishing line until all boats racing have finished or retired.

**10.5 Target Race Duration**

10.5.1 The target duration for races is 30 minutes.

10.5.2 Boats failing to finish within 15 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes *RRS 35, A4 and A5*.

**11 Penalty System**

11.1 The exoneration penalty and the advisory hearing and RYA arbitration and the RYA Rules Disputes procedures will be available

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**12 PROTESTS AND REQUESTS FOR REDRESS**

12.1 Protest forms are available in the club house located inside the back downstairs entrance to the club. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.

12.2 For each class, the protest time limit is 90 minutes after the last boat has finished the last race of the day.

12.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the training room, beginning at the time posted.

12.4 Notices of protests by the race committee or protest committee will be posted to inform boats under *RRS 61.1(b)*

12.5 A list of boats that, under instruction 12.3, have been penalised for breaking *RRS 42* (propulsion) will be posted.

12.6 Breaches of instructions 8.2.3, 9.2.3, 10.2.3, 14.2, 18, 19, 20 and 26[d] will not be grounds for protest by a boat. This changes *RRS 60.1(a)*. Penalties for these breaches may be less than disqualification if the committee so decides. The scoring abbreviation for a discrepancy penalty imposed under this instruction will be *DPI*.

- 12.7 On the last scheduled day of racing in a series a request for reopening a hearing shall be delivered
- (a) within the protest time limit if the requesting party was informed of the decision on the previous day;
  - (b) no later than 30 minutes after the requesting party was informed of the decision on that day.

This changes *RRS 66*.

- 12.8 On the last scheduled day of racing in a series a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision.

- 12.9 Decisions of the protest committee will be final as provided in *RRS 70.5*

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### 13 SCORING

- 13.1 The Low Point System of Appendix A will apply with the following exceptions:  
A boat that did not finish or retired after finishing shall be scored points for the finishing place one more than the number of boats entered in the race.
- 13.2 Race results will be calculated based on average lap times.
- 13.3 [1] Two races are required to be completed to constitute a series.  
[2] One race is required to be completed to constitute a regatta or club event  
[3] Two starters from any fleet/class are required to constitute a race, regardless of fleet/class
- 13.4 (a) When fewer than 4 races have been completed, a boat's score will be the total of her race scores.  
(b) When 4 or 5 races have been completed, a boat's series score will be the total of her race scores excluding her worst score.  
(c) When 6 or 7 races have been completed, a boat's series score will be the total of her race scores excluding her two worst scores.  
(d) When 8 or 9 races have been completed, a boat's series score will be the total of her race scores excluding her three worst scores.  
(e) When 10 or 11 races have been completed, a boat's series score will be the total of her race scores excluding her four worst scores.  
(f) When over 11 races have been completed, a boat's series score will be the total of her race scores excluding her five worst scores.
- 13.5 Sailors required to carry out duties will be awarded for each the average points for the series so long as
- (a) The race(s) they are covering start
  - (b) They start at least two race/s in the series.

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### 14 SAFETY REGULATIONS

- 14.1 No *Check-Out* and *Check-In* is required for club racing.
- 14.2 A boat that retires from a race shall notify the race committee as soon as possible.



14.3 Patrol boats acting as Safety Boats cover for a race should not be relied upon, particularly in adverse weather conditions and competitors can only be given such assistance as can practically be provided in the circumstances. This is particularly relevant in colder sea conditions. Patrol boat cover will prioritise persons in the water over towing any disabled craft back to the shore – this may include transporting persons temporarily to the Committee Boat and / or tying up disabled craft to the Committee Boat particularly if conditions dictate patrol / safety cover to remain in the racing area.

14.4 Any provision of patrol boat cover does not relieve skippers of their own responsibilities.

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## **15 ELIGIBILITY AND REPLACEMENT OF CREW OR EQUIPMENT**

15.1 Entry to series are on the basis of class of boat, format (radial/standard, singlehanded/double handed) and named helm.

15.2 The named helm and crew shall be paid up club members.

15.3 Substitution of helms will not be allowed but unlimited substitution of crews is allowed.

15.4 Entry to Junior races is limited to helms and crews who are under 16 on the 1<sup>ST</sup> of January of that year.

## **16 EQUIPMENT AND MEASUREMENT CHECKS**

16.1 A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions.

16.2 Use of replica sails and equipment will be allowed for club racing.

## **17 ADVERTISING**

Boats will not be required to display advertising supplied by the organizing authority for club racing.

## **18 OFFICIAL BOATS**

Official boats will be the *Henry Jacobs* (white converted ships boat), the club safety ribs and the official pit inflatable boat.

## **19 SUPPORT BOATS**

19.1 Team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.

19.2 Support boats shall be marked with International Code Flag S over B.

## **20 TRASH DISPOSAL**

Boats shall not put trash in the water. Trash may be placed aboard support and race committee boats.

## **21 RADIO COMMUNICATION**

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones

## 22 PRIZES

Overall Prizes will be awarded as defined in the Annual Club Booklet/Programme. In addition, Series fleet prizes will be awarded where: [1] The series is both open and a club series (Junior and Open events are excluded)

## 23 DISCLAIMER OF LIABILITY

Competitors participate in the regatta/racing entirely at their own risk. See Racing Rules of Sailing 4, Decision to Race (*RRS 4 DECISION TO RACE The responsibility for a boat's decision to participate in a race or to continue racing is hers alone*). The club will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

## 24 RISK STATEMENT

It must be recognized that sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, you agree and acknowledge that

- (a) You are aware of the inherent element of risk involved in the sport and you accept responsibility exposing yourself to such inherent risk whilst taking part in the event
- (b) The provision of a race management team patrol boats and other officials and volunteers by the event organizer does not relieve you of your own responsibilities
- (c) You accept responsibility for any injury, damage or loss to the extent caused by your own negligence, acts or omissions
- (d) You will not participate in the event if your ability to participate is impaired by alcohol, drugs or if you are otherwise unfit to participate
- (e) The provision of patrol boat cover is limited to such assistance particularly in extreme weather conditions as can be practically provided in the circumstances
- (f) You are aware of any specific risks drawn to your attention by the event coordinator
- (g) Your boat is in good order, equipped to sail in the event and you are fit to participate

## 25 INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £2,000,000 per event or the equivalent.

## 26 COMPETITOR OBLIGATIONS

[a] All competitors over the age of 14 shall offer themselves for; assistant race officer, patrol boat crew AND where they hold the clubs required qualification, patrol boat helm AND where they are a reasonably experienced racer, Race Officer for the Day (OOD). [b] In a series of races if a helm of a boat is called upon to carry out such a duty resulting in the boat being unable to sail then the helm will be awarded points equal to the average of their series results to be counted [c] the Clubs current Rule requirement for minimum number of duties is 3 in a season [d] Reasonably experienced helms will offer themselves for OOD in excess of 3 occasions /duties

END.