

## Overy Staithe Sailing club - NWNSA Meeting Tuesday July 31st 2018.

### Sailing Instructions

1. There is a sequence of races for all four classes, followed immediately by the Jenny Lee Trophy for National 12s.  
The first race in the sequence starts at 08.30 hours.

Allow 20 minutes to sail to the race area.

2. If weather conditions are suitable courses will be set at sea. Sail out of Overy Harbour using the channel marks. Courses at **Sea** will be an Olympic triangle/sausage course with all marks (large yellow conical) **left to port**. The number of rounds will be displayed on the committee boat.

If it's too rough to sail at sea **courses will be set inside** the harbour (marks A,B,C,D,E, F,S orange bladder buoys plus inflatable marks (I<sub>1</sub>, I<sub>2</sub>, I<sub>3</sub> = large yellow conical). See map on club notice board.

If a **harbour course** is sailed all bladder buoys **marking groynes** (red port and green starboard) must be passed on the main channel side. The course will be displayed on the committee boat.

3. **Starting:** will be between the committee boat and a Dan buoy with a red flag.

The start sequence as per General NWNSA Sailing Instructions (four class starts at 3 minute intervals).

**4. Finishing:** Where possible the finishing line will be at the end of a windward leg, but may be shortened at any mark. The finishing line will be between a mark of the course and the committee boat (or other boat) flying a blue flag.

**5. Time limits.** No boat will be allowed to start more than 2 minutes after their start. Boats must finish within 10 minutes of the leading boat or they will be scored dnf.

**6. Scoring:** As per NWNSA General Instructions.

**7. The Safety boat** is to be regarded as an obstruction in accordance with the rules when attending a casualty or doing end of line duties.

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**Notice of Race**

There is no clubhouse at Overy Staithe but the Sailing club have kindly been loaned part of the Boathouse for the day and Atkinson's field.

**Parking:** Boats, trailers and competitor's cars may be parked on Atkinson's field adjacent to the Boathouse dinghy park on the front at Overy Staithe. This is where you should go when you first arrive in Overy.

Do not leave your car on the Hard as this will flood at High Water while you are out sailing. High Water is at 09.30 and racing starts at 08.30. It takes approximately 20 minutes to sail to the race area.

**Changing** – there may be rudimentary changing facilities in the boathouse. There are no showers and one loo at the rear of the Boathouse.

There is no bar but teas, coffees etc. will be served in the Boathouse before and after racing.

**Information**

The club noticeboard is on the grass bank near the Boathouse. There will be a briefing at 07.30 am in the Boathouse.